

# Off-site

# Joint Staff leaders examine upcoming events, priorities

By Staff Sgt. Lee Roberts, USAF

J-Scope Editor

WASHINGTON - Joint Staff leaders took time out from busy schedules April 2 to attend an off-site meeting at the National Defense University at Fort Lesley J. McNair.

Roosevelt In Hall, the 35-member group focused on ef-

**Quadrennial Defense** Review, a review of the nation's military strategies, major defense programs and force structures: the status and implementation of Joint Vision 2010, a template for the evolution of the armed forces early in the next century; and force protection issues.



Photo by Air Force Staff Sgt. Lee Roberts

National Defense University at Fort Lesley J. McNair in Washington hosted approximately 35 Joint Staff leaders at Roosevelt Hall for an off-site meeting April 2.

Joseph W. Ralston, vice chairman; and Gen. John M. Vice Adm. Dennis C. Shalikashvili, chair- Blair, Joint Staff diforts to support the man of the Joint rector; led the off-site final stages of the Chiefs of Staff; Gen. meeting and con-

versed with subject experts.

The off-site group first sought to plot a successful course for the timely completion

of QDR. The Joint Staff is fully engaged in efforts to finish and

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send the QDR report to the National Defense Panel May 1 and to Congress May 15.

Blair said the participants took a hard look at QDR's progress and reaffirmed that the report is proceeding on schedule for the established deadlines. The chairman lauded the efforts of Joint Staff members responsible for the recent completion of the Joint Strategy Review, an important reference for officers preparing the QDR report.

Shalikashvili also told QDR working panels that they should be guided by the strategy that maximum Joint warfighting capabil-



"General Shalikashvili knows he can count on the Joint Staff to stay on top of issues and support him in his responsibilities as the nation's senior military adviser."

> Vice Adm. Dennis Blair Joint Staff director

ity should be preserved commensurate with the need for prudent modernization funding.

Off-site participants were then given a positive report about the implementation of JV-2010. It was announced that the concept for future Joint operations, which expands the concepts

and ideas in JV-2010, will be published in May, six months ahead of schedule.

In addition, the JV-2010 Implementation Master Plan should be in print by August. This document is designed to facilitate the development, assessment and integration of JV-2010 concepts and help the Joint

community coordinate implementation activities.

Blair said the implementation master plan provides the strategy and goals for conducting and coordinating JV-2010 assessment activities and identifies proponents responsible for the integration and coordination of these efforts. It also includes descriptions of each organization's roles and responsibilities for implementing JV-2010.

"Joint Vision 2010 and these other documents will have an increasing impact on our future force structure and Joint capabilities by providing a common direction," Blair said. "As we

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learn more about the concepts contained in JV-2010 through asthis sessments. greater knowledge will help shape our programming and force structure decisions and define our armed forces for 2010 and beyond."

The off-site group lastly turned its focus on force protection.

The J-3 Operations Directorate **Deputy Directorate** for Combating Terrorism gave briefings on the initiatives that have been taken since bombing the

Dhahran. Arabia in June 1996. always do better."

They noted since DoD regulations and doctrine, increased sessments, and in-months. creased funding for tiatives.

said. "It remains a Shalikashvili knows

Khobar Towers in top priority for the Saudi chairman. We can

Blair said the allthe tragic explosion day meeting was very officials have revised valuable because the off-site group was able to get away from staffing of force pro- Pentagon "In" bastection billets, devel- kets to discuss Joint oped a mandatory Staff priorities in supterrorism training porting the chairman program for deploy- as well as taking a ing members, imple- hard look at critical mented a series of events facing the staff ongoing security as- in the next six

The chairman force protection ini- also complemented the high-quality work Force protection and long hours that is a continual effort of characterize the men assessment and im- and women of the provement, Blair Joint Staff. "General



Joint Staff to stay on nation's senior militop of issues and sup-tary adviser," Blair port him in his re- said.

he can count on the sponsibilities as the

# Officials look to streamline DoD's civilian force

By Linda D. Kozaryn American Forces Press Service

The Quadrennial Defense Review has revealed a need to check "the tail" as well as "the tooth." So officials are now looking at streamlining the department's civilian side, said Defense Secretary William S. Cohen.

Cohen talked about the ongoing defense review April 6 in an interview during a week-long trip to Asia. The congressionally mandated review requires DoD to examine all aspects of military force structure and defense strategy. While reviewing military infrastructure. Cohen said, officials

discovered the need to look lion, he said. at the civilian side of the equation.

After looking at ways to cut military spending, he said, civilian streamlining is an area that needs more attention — and will receive it. He said he has talked to the Joint Chiefs of Staff and members of Congress, who welcome the effort.

The civilian work force has been slimmed, but most of the focus up to now has been on reducing military rolls, said Pentagon spokesman Ken Bacon. Since the end of the Cold War, the active duty military has been cut by 30 percent, from 2.1 million to 1.45 mil-

Cohen wants a closer look at ways to make his office and defense agencies more efficient, and he plans to name a panel of management and efficiency experts to sort out overlapping jurisdictions to eliminate redundancy, Bacon said. The panel will look at what needs to be done, how long it will take to do it and how much it will save, he said. "It's an effort to take a hard look at this aspect of the defense establishment," he said.

QDR is the first step in a long-term process to redefine the military to best meet future challenges, Cohen said. "This is some-

thing where you cannot peer into the future and say, 'This is what the future is going to look like, and this is our solution.' It will evolve as a concept over the years."

Cohen is slated to report defense review results to Congress May 15. Preliminary findings about the civilian force will be included in the report, but the complexity of the task requires a thorough examination during the months ahead, he said. The reform panel's efforts will link with the National Defense Panel, which will study the quadrennial review recommendations and report to Congress in December.

# **Air Force** unveils F-22 Raptor

MARIETTA, Ga. -- The U.S. Air Force's newest fighter, the F-22 Raptor, was unveiled during a special ceremony here today.

Regarded as the most advanced tactical fighter in the world, it will replace an aging F-15C fleet. A fleet that was built after "...a third rate power (Vietnam) had administered a painful lesson about the importance of air superiority," said Gen. Richard E. Hawley, commander of Air Combat Command.

"Air superiority is not a

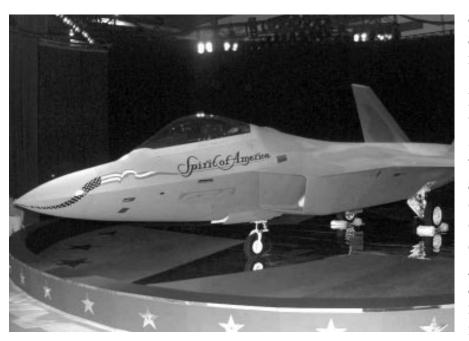


Photo by Air Force Staff Sgt. Angie Stafford

The Air Force unveiled the F-22 Raptor Wednesday during a special ceremony in Marietta, Ga.

God-given right of Americans," said Air Force Chief to pay attention to this. It's ers and surface-to-air mis-

not a business you want to be second best in. You have of Staff Gen. Ronald R. to dominate. We must over-Fogleman. "Somebody's got come an adversary's fightsile systems to ensure air superiority for friendly forces."

The MiG-29, Su-27, Mirage 2000, Rafael and the Eurofighter 2000 are aggressively marketed worldwide and match or surpass the F-15C in several areas. But with it's combination of reduced observables (stealth), inteavionics. grated supercruise (supersonic flight without afterburner), maneuverability and payload, the Raptor will have "first-look, first-shot, firstkill" capability against any potential enemy aircraft.

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**observables:** The F-22's stealth is acquired through range of enemy a combination of shape and materials that deflect or absorb radar energy. This reduces the range at which enemy radar can detect it. The precise radar cross section of the F-22 is closely guarded.

Integrated avionics: Improved sensor capability, situational awareness and weapons provide first-kill opportunity against the threat. The F-22 possesses a sophisticated sensor suite that allows the pilot to track, identify and shoot the threat before it detects the F-22. This battle space

picture includes type, location, speed and direction of enemy aircraft, type and location of surface

OF

THE

threats, effective radar and weapons, targeting priorities and solu-Ш tions, and all relevant information about the F-22's wingman

**Supercruise:** This is the ability to cruise at supersonic speeds at military power (non-afterburner). The technology is a combination of a new engine and aerodynamic advances that

and other friendly

aircraft.

allows it to cruise at supersonic speeds without using fuel-gulping afterburners, as current fighters re-

quire. The new engine with its pilot. thrust-vectoring nozzle and aerodvnamics also provide supe-STATES OF AMERICA VE. rior maneuverability.

Maneu-

verability: The F-

22 is the first maneuverable stealth aircraft. The B-2 and F-117 have stealth but cannot maneuver well if engaged by enemy aircraft. While it will usually have first-look, many of the lowradar cross-section advan-

tages are lost in a close-in fight, but its maneuverability, speed, acceleration and avionics will provide critical advantages to the F-22

Payload: The F-22 is capable of carrying existing and planned medium- and short-range air-to-air missiles in internal bays. The F-22 will also have an internal 20-mm cannon and provisions for carrying precision ground attack weapons. By carrying the armament internally it keeps the aircraft's radar signature very small.

"We see the F-22 as a revolutionary step for the

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an aircraft that we'll be operating well beyond the 2030," year Fogleman said.

The current aircraft modernization cycle began in the 1970s with the replacement of the Vietnam-era fighters with the F-15. F-16 and A-10. In the '80s attention was turned to the bomber force, developing the B-1 and B-2, and upgrading the 35-year-old B-52. The '90s have seen another shift in force with the C-17 replacing the

aging C-141. That brings it full circle back to the fighters.

"The F-15 we depend future that will result in on for air superiority today will be 30 years old when our first F-22 squadron is fielded," Hawley said. "The F-16 will achieve an equally ripe old age when it is replaced by the Joint Strike Fighter (a low cost, general purpose fighter not capable of air dominance)."

Just as the F-16 complemented the F-15, the JSF will complement the F-22. Also, the cost of developing the revolutionary technology used to create the F-22 will be inherited by the JSF, keeping its cost down, yet allowing for

stealth capabilities and state-of-the-art engine technology — both design teams have chosen the Pratt and Whitney F-119 engine, used in the F-22, as their engine for the proposed JSF.

The F-22 will be a small dominate force allowing the JSF to deploy in quantity, being less capable, but less costly, according to officials.

This nation has invested billions of dollars to achieve technological dominance in aerospace, according to Hawley. These investments in air superiority will yield enormous national security benefits, but these billions constitute lives saved, said Fogleman.

"Parity is not acceptable with the stakes so high," said Honorable Secretary of the Air Force Sheila E. Widnall. "We owe it to the kids of today who will be the soldiers. sailors, airmen and Marines tomorrow."

As the Air Force celebrates its 50th anniversary this year with the theme "Golden Legacy and Boundless Future". Fogleman said the F-22 is the boundless future.

"It (the F-22) is not an airplane you use to defend your airspace. It's an airplane that is used to dominate the other guy's airspace," said Fogleman.

(AFNS)

# Great seats end with lease at U.S. Air Arena

**By Staff Sgt. Lee Roberts, USAF** J-Scope Editor

or 17 years the Office of the Secre tary of Defense/
Joint Staff Welfare and Recreation Association has leased a 10-seat private box at U.S. Air Arena in Landover, Md., to offer a variety of subsidize tickets for events to its members.

When the Washington Bullets National Basketball Association and Washington Capitals National Hockey League teams move to the new MCI Arena in Washington next season, the association can't consider leasing



Photo by Air Force Staff Sgt. Lee Roberts

The OSD/JS Welfare and Recreation Association will not renew their lease of a 10-seat private box at U.S. Air Arena when it ends at the end of April.

a similar facility. A comparable 10-seat box rents for \$125,000 per year.

Sheila Grafmuller,

OSD/JS Welfare and Recreation Association office manager, said the welfare and recreation association

would be justifiably criticized if they even considered spending that much money without funding other very popular programs. "It's sad. We've had a good working relationship with U.S. Air Arena for more than 17 years, but we're not in a position to continue," she said.

U.S. Air Arena officials asked the association to sign a short, five-month lease for \$15,000. This would only allow the association use of the box from May through September 1997. With basketball

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and hockey seasons at an end, there aren't enough events scheduled at U.S. Air Arena to justify this expenditure.

The possibility of seating at the new MCI Arena will be "put on a back burner" until MCI officials indicate a willingness to work within the association's price range, Grafmuller said. "Unfortunately, that probably won't happen as long as other organizations and businesses are willing to pay these exorbitant prices. Depending on how their ticket sales go the first year or two at the new arena, we may find they are more amenable to working with us."

For now, the association will try to offer more tickets at events held at the Kennedy Center, National Theater, Prince William Cannons minor-league baseball games, and professional soccer games with D.C. United at RFK Stadium.

Tickets will also be available in May to the Kemper Open Golf Tournament at Avenel Golf Course in Potomac, Md., from June 2-8. The cost for ground tickets (only) will be \$15.

Grafmuller said that the staff is always willing to listen to comments and suggestions from association members and encourages people to contact the staff or board members. The Joint Staff's board members on the OSD/JS Welfare and Recreation Association are Marilyn Wilson (J-1, J-2, J-5 and J-7) in Room 2E949, 614-7352; Army Lt. Col. Neil Putz (J-4, J-6 and J-8) in Room1D826, 697-1934; and David Lippert (J-3, ODJS, OCJCS, SJS, DOM, APBD) in Room 1E920, 695-9063.



# Exchanges approach on-line shopping cautiously

By Doug Gillert
American Forces Press Service

where you serve.

oD's two major department store chains know how to get customers. They open stores almost every-

Now — since theoretically you serve at an offramp on the Information Highway — you also can visit your favorite military exchange on the Internet. Question is, what will you get when you get there?

There's a lot to praise about the Army and Air Force Exchange Service and the Navy Exchange Service Command on-line. AAFES has been up



longer and offers more than NEXCOM. For instance, you actually can view and price products. No way in the Na-vay but our seaborne sellers do have oversight for Navy lodges and provide good information on places to stay when you're off and wandering. More on that later, but first, let's take a closer look at AAFES.

On its homepage (http://www.aafes.com), AAFES offers the following vision: "To be our

customer's first choice by providing high-quality goods and services at low prices and at the lower cost." Hmmm — I guess they're talking about overhead — i.e., costs to taxpayers — for the latter.

Right now, AAFES offers the biggest clang for your click. You can check out products and prices in the AAFES mail order catalog and on the chain's weekly sales flyers. You get full descriptions — and frequently photographs — of the items you want to order. You also

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can look at items available in the military clothing sales store catalog.

If you want to order something, however, write down the catalog number and price, then call AAFES — because you can't order on-line. I know. I know, a lot of commercial vendors now provide online order forms. Of course, you typically have to give them a credit card number or agree to other financial terms you have little control over. So maybe AAFES' more cautious way is the best route to go.

NEXCOM (http://

www.navy-nex.com/) takes an even more cautious approach to the Internet. This site offers information about Navy exchanges and even tells you where every store in the system is located. But it doesn't include the mail order catalog or, for that matter, any sales information. The site provides a list of telephone numbers and instructions for mailordering uniforms, but again, no catalog.

I asked Lt. Cmdr.
Steve Lowry, the
command's public affairs
officer, what gives. He
said the site is relatively
new, and they're still
determining the best way
to present sales information. If you have any ideas

on how the Navy can improve its homepage, the site provides a handy email "Suggestion Box."

As mentioned earlier, NEXCOM manages the Navy Lodge system. If you've never stayed at a Navy Lodge and are looking for inexpensive, quality accommodations with kitchenettes, check this out. The site provides a directory of lodge locations, shows who is eligible to stay in Navy Lodges and lists reservation requirements and telephone numbers.

Is it me, or has the Internet begun to make our lives easier? Here's a couple of reasons why it's smart to log on. Please email your comments — or

tips on other hot web sites
— to
djgille@hq.afis.osd.mil.

(Editor's note: This column is written primarily for persons using the Internet on their personal computers during their offduty time. Joint Ethics Regulation (DoD 5500.7-R. section 2-301) spells out legal and illegal use of federal communications resources while on the job. In general, the restrictions that guide office telephone use also govern Internet use. See your supervisor or local computer policy experts for details.)

# J-Scope feedback

The following comments have recently been E-mailed to the J-Scope by our readers.

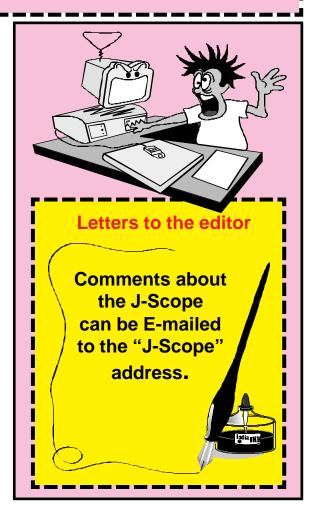
"My hat is off for the magnificent photos in this issue of the J-Scope (April 4 issue). Staff Sgt. Lee Roberts should be commended for this. What a beautiful issue."

Thank you, thank you, thank you. I for one really enjoyed the exquisite photographs of the beautiful cherry blossom trees by Staff Sgt. Lee Roberts. Since I work like a mushroom in a windowless office and never leave except in the dark, it is a pleasure for me just to know that there still is a sun and that it shines down upon Washington's cherry blossoms. Now that I think about

it, why don't you run a picture of a sunrise or sunset? I haven't seen one of those lately either. Now I better get back to work before "She who must be obeyed" sees me looking at the cherry blossom pictures."

"Time is an amazing thing. While I remain here on the Joint Staff trying to finish my three-year sentence, our former J-5 has gone to SOUTHCOM and now on to SACEUR. I suppose I should count my blessings. I've only seen the bedbug haulers once in three years. General Clark has seen them at least four times!!"

"I'm glad you ran all those photos of promotees and selectees, but aren't there a few civilians who deserve recognition?"



# Navy uniforms

Navy personnel are reminded that Monday is the transition to the summer uniform. Officers and chief petty officers will wear summer white. Khaki uniforms may be worn as an alternate uniform. Personnel E-6 and below must wear summer white only.

Of special note, personnel conducting business on Capitol Hill must wear summer white. If testifying before Congress or attending Congressional hearings, wear service dress blue.

# Recognition

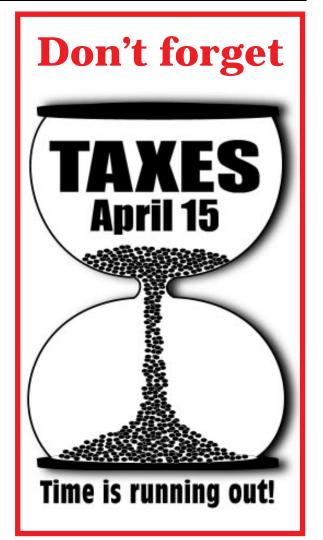
There is a recognition luncheon 11:30 a.m. Tuesday in the Executive Dining Room (lounge No. 2).

The luncheon recognizes Joint Staff Air Force NCOs and senior NCOs of the quarter and year for 1996. The menu is a choice of grilled chicken salad with soup of the day, beef burgundy with house salad, or a vegetarian plate. The cost of the meal is \$13.

The ceremony is duty uniform. Call Air Force Master Sgt. Gary Wilhite at 693-1740 (in Room 1E965) or Master Sgt. LindaA. Clark at 614-9150 (in Room 1B737) for a reservation.

#### **Holocaust exhibit**

Washington Headquarters Services observe "Days of Remembrance of the Victims of the Holocaust" with an exhibit in the Pentagon's Corridor No. 1, A-Ring, second floor, from April 21 through May 11. Commemorative films are available May 6 in Room 5B1062, May 7 in Room 5B1059, and May 8 in Room 5B1062 from 8:30 to 11:30 a.m. A description of the films and schedule can be viewed at the holocaust exhibit.



# **Phantom of Opera**

The OSD/Joint Staff Welfare and Recreation Association in Room 3C1055 begins selling tickets for the Phantom of the Opera June 11 for shows this summer at the Kennedy Center for the Performing Arts Opera House.

Tickets are \$60 each (cash only) with a limit of four per person. A WRA membership card is required to purchase tickets.

Tickets will be available for:

**July 19:** Show begins at 8 p.m. There are 30 seats available in orchestra seating.

Aug. 16: Show begins at 8 p.m. There are 20 box seats and 44 seats in orchestra seating.

**Sept. 6:** Show begins at 8 p.m. There are 48 box seats available.

Oct. 4: Show begins at 8 p.m. There are 32 box seats available and 32 seats in orchestra seating.

#### **Get soccer tickets**

See Washington D.C. United soccer games this season at R.F.K. Stadium.

The OSD/Joint Staff Recreation Association in Room 3C1055 have tickets for sale.

They are open Monday through Friday from 10 a.m. to 2 p.m. Tickets cost \$15 each (cash only, limit of four per person) on a firstcome, first-served basis. Seats are in section 306, row 6, seats 1 through 8.



# Fish the Chesapeake

The OSD/Joint Staff Welfare and Recreation Association in Room 3C1055 begins selling tickets Wednesday for fishing trips on the Chesapeake Bay. The trip is provided by Scheible's Fishing Center in Wynne, Md. The boat leaves at 8 a.m. and returns at 4 p.m. Cost is \$20 per ticket (cash only) with a limit of four per person. This year's fishing dates are May 17, June 7, June 21, July 12, Aug. 9, and Sept. 6. The price includes all tackle and bait. Fish can be cleaned for a nominal fee.

#### Cannons tickets

The OSD/Joint Staff Welfare and Recreation Association in Room 3C1055 has Prince William Cannons tickets on sale.

The Association is open Monday through Friday from 10 a.m. to 2 p.m. to sell tickets for the 1997 season at \$5 each (cash only, limit four per person). A current WRA membership card is required to purchase tickets for the "Single A" professional baseball team.

Game/	<u>Date/</u>	<u>Time</u>
April 1	9	7 p.r

April 19	7 p.m.
May 3	7 p.m.
May 17	7 p.m.
June 7	7 p.m.
June 22	6 p.m.
July 4	6:30 p.m
July 5	7 n m

lune 22	6 p.m.
luly 4	6:30 p.m.
luly 5	7 p.m.
luly 12	7 p.m.
luly 25	7:30 p.m.

#### **Frederick** VS.

vs.	Lynchburg
vs.	Salem
vs.	Durham

**Kinston** VS. Frederick VS. Lynchburg VS.

Salem VS. VS. Durham

VS. Durham **Kinston** VS.

Kinston vs. Lynchburg VS.

**Promotion** Seat cushions

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**Fireworks** Gloves

**Bats** 

3-ring binder **Fireworks** 

## Adventure World

The OSD/Joint Staff Welfare and Recreation Association in Room 3C1055 sells tickets for Adventure World Family Theme Park.

The 1997 season opens May 3 and the water park opens May 23.

The cost is \$15 per ticket (regular \$27.49). Cash only is accepted with a limit of six tickets per person.

A WRA membership card is required for purchase. Tickets may be used any day during the season.

# **Tennis tourney**

The OSD/Joint Staff Welfare and Recreation Association in Room 3C1055 begins selling tickets June 25 for the LEGG MASON Tennis Classic at Fitzgerald Tennis Center in July.

Only two tickets can be

purchased per person (cash only). Cost is \$20 for July 18 at 7 p.m.; \$22 for July 19 at 7 p.m.; and \$25 for July 20 at 3:30 p.m. WRA is open Monday through Friday from 10 a.m. to 2 p.m. A membership card is required for purchases.

**April 11, 1997** *J-* **Scope** 

# J- Stars



Photo by Air Force Staff Sgt. Lee Roberts

# Civil service members recognized

Army Maj. Gen. Stephen T. Rippe, Joint Staff vice director, recognizes (Left to Right) Linda Watson, Patricia Hazelwood and Marti Hammitte from Directorate of Management for earning a Supervisor's Cash Award during a ceremony at the Flag Room Thursday. They devised a successful compressed work schedule plan that greatly improved employee morale while cutting overtime in half.

# BABY CRIB

Congratulations to the parents of the newest

additions to the Joint Staff family. The following baby was born in March.

March 31: Tyler J e r e m i a h Harrington, son of Navy Lt. Tim Harrington, OCJCS, and wife Laura. The baby weighed 7 pounds, 13 ounces, and measured 21 inches.

(Baby announce-

ments can be E-mailed to the "J-Scope" address. Please include the full name of parents and baby, and date of birth. Please include rank and work location of the parent(s) in the military, or if civil service.)



# By Master Sgt. Stephen Barrett, USA

American Forces Press Service

hether it's pumping iron at a Camp Lejeune, N.C., fitness center, volksmarching around Neuschwanstein Castle in the German Alps or biking along a Japanese nature trail, there are many ways to remain physically fit.

With the change from winter comes a new DoD program designed to improve the health of all defense personnel and their families. Dubbed Operation Be Fit, defense officials hope the program will augment the military's physical fitness efforts and provide new ways to promote

# DoD encourages its members to 'Be Fit'

fitness within DoD.

Fred Pang, assistant secretary of defense for force management policy, said the program will focus on improving and expanding fitness and sports programs. It will encourage recreational activities involving physical activity and promote active participation from all military community members.

"Maintaining the peace through military training and preparedness — and fighting a war if necessary — calls for men and women who are extremely fit," said Pang. "What we spend in fitness, sports and recreation programs that leads to physical fitness is an investment — it's the human side of force modernization."

The military services have a variety of programs designed to keep service members physically fit. Carolyn Becraft, DoD's deputy assistant secretary for personnel support, families and education, said today's military service members are some of the best fit in the country. However, she said, the emphasis of the incentive is to expand fitness beyond the

unit PT program and include activities that can be relaxing, fun and still promote exercise.

"This program is the perfect vehicle for us to wrap our arms around," said Becraft. "There are lifestyles of fitness that encourage 'moving' as a regular part of your daily life. This shows what we're going to do for fitness in the military — whether it be riding a bike, walking, jogging or volksmarching."

Both Pang and Becraft cited findings of a July 1996 U.S. surgeon general's report on physical activity and health as an important

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reason to undertake this physical fitness program. The report ties regular physical activity with decreased incidence of disease, improved overall physical and mental health, and an improved quality of life.

"We know that if you grew up in a home where you — as a child — were doing physical activity, that's become part of your family culture," said Becraft. "It's a behavior — one that you will model as you go on. We want our people to continue those fitness patterns because it promotes a healthy lifestyle

that pays benefits all your life."

Last December, DoD hosted a fitness forum including senior representatives from the military services, the Office of the Assistant Secretary of Defense for Health Affairs and the President's Council on Physical Fitness and Sports. One result is prompting DoD into taking its first department wide look at how morale, welfare and recreation fitness facilities at military bases support their customers and promote recreational fitness.

Becraft said some financing for these incentives is already in place, courtesy of former Defense Secretary William J. Perry's quality of

life initiative two years ago. In 1995, DoD provided funds to MWR to budget day care programs and enhance recreation facilities at bases both stateside and abroad.

Because of these funds. Becraft said, many recreation facilities have more equipment and remain open longer. The key now, said Becraft, is to make progress in upgrading or replacing some older facilities, increase the number of trained and certified staff, and provide a fitness experience for service members and families equal to what's available in civilian communities. "Our overall goal is to get people into our facilities and get them moving," she said.

Some programs do not have that problem. A good part of the recreation budget goes to the military's sports leagues — aimed primarily at service members and their children. Military athletes compete at unit level, base leagues and inter-service play. Youth services sports programs teach individual basics in athletics and sportsmanship.

However, Becraft said, there is room for other sports that would encourage family involvement. "Look at your base population. If there's a need for a women's soccer league, don't be afraid to ask about

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starting one. If there are those who want to do some kind of organized sports activity, let's make sure we can provide a venue for it," she said.

Becraft said one way DoD hopes to improve is by promoting more family-oriented fitness activities, such as hiking, bicycling and ski trips. She said many recreation centers can book arrangements for outdoor activities that build family unity and fitness. They can also acquire most of the equipment they need for these trips and excursions — boats, skis, backpacks, in-line skates — through outdoor recreation centers.

While DoD is promoting the fitness program for all employees, Becraft said allowing DoD civilians to use a base's recreational facilities and equipment is still a local commander's decision. Civilians assigned to military bases overseas often rent sports and recreation equipment from military centers. Those assigned stateside may not have that privilege.

Still, these local issues should not discourage DoD civilians from participating in recreation programs, Becraft said. With all the community rental agencies and the amount of equipment and programs available in local markets, designing a family recreation program should be easy for anyone willing to participate.

DoD's fitness initiative is drawing praise from other health and fitness officials.

"The Surgeon General's Report on Physical Activity and Health is a landmark document in our nation's understanding of a public health threat," said Sandra Perlmutter, executive director of the President's Council on Physical Fitness and Sports. "I commend the Department of Defense for being the first federal agency to embrace the findings in the report and develop a specific action plan to increase physical activity among its work force and their families."

Perlmutter said she hopes other government organizations will follow DoD's initiative, but Becraft said DoD is not trying to compete for attention. "We really want to look at what our own program is doing," said Becraft, "but the president's committee is very interested in what were doing. I think they are delighted that a government agency jumped on board. I think they'd like to use that fact to trigger other agencies to take a look at their [own] work force."

#### **J-Scope Classified Ads**

are available without regard to race, color, religion, sex, national origin, age, marital status, or any other nonmerit factor of the user or patron. Classifieds are printed in this publication in accordance with DoD Instruction 5120.4.

#### **Submitting Classified Ads**

Joint Staff active duty and civilian personnel are eligible to advertise a one-time sale of personal items, no longer than 20 words in length.

Only one submission is allowed per family per week and should include sponsor's name, duty section, duty and home phone number. However, the ads only include a person's home phone number.

Please indicate what section the ad should be in -- autos or boats for sale, miscellanous, yard or garage sale, car pool, houses for sale, or roomate wanted. Send ad submissions via Email to the "J-Scope" address by 4:30 p.m. Tuesday each week, or drop off at Public Affairs, room 2E857. Ads will run only once and must be renewed by email each week.

# Miscellaneous

## Women's uniforms

Women's Army uniforms in assorted sizes and pieces. Some are in very new condition. Call (703) 521-1580.

#### Flatbed scanner

Hewlett-Packard ScanJet 3p, \$200. Call (703) 912-6094.

#### Photo scanner drive

EasyPhoto internal photo scanner drive for personal computer, \$150. Call (703) 912-6094.

# **Appliances for sale**

Some European two-round plug appliances for sale. Examples are a hand mixer and curling iron. Call (703) 912-6094.

# **Projection television**

Philips Crosley 52-inch projection television with remote, oneyear old, still under warranty, for sale. Paid \$4,701, asking \$2,200. Call (540) 720-6190.

# Real estate

#### **House for Sale**

Moving to Ft. Lewis or McChord AFB? Spacious three year old, five bedroom home with eat-in kitchen, formal entry, living and dining room, huge family room with fireplace, french doors and much more! \$169,900. MLS #151052. Call 1-800-945-2239.

## **Condo for rent**

Great view! Two bedroom, two bath, 1,100 square foot condo for More classifieds page 22

rent. Indoor parking, pool, storage space, pets OK. Walk to Courthouse Metro. Asking \$1,200 per month. Available in May. Call (703) 920-2497.

# Single family home

Single family home, asking \$117,000! Home is in Lakeridge, Va., near Potomac Mills. Not a townhome. Three bedroom with room for fourth or fifth bedrooms. Single-owner occupied. One-half hour from Pentagon via Shirley Highway. Must sell quickly for new job in California. Call (703) 490-1253 or 491-5369. Open house this weekend.

#### **Assumable Ioan**

House for sale with 7 percent assumable VA loan! Four bedroom, 3.5 bath, living room, dining room, family room with fire-

place, eat-in kitchen, finished basement, Mother-in-law/teen suite with full bath, recreation room with bar, fenced yard, deck and hot tub. Comes with security and country club amenities. Call (540) 720-6264.

# **Autos**

# 1996 Ford Ranger

1996 Ford Ranger XL, 3/36 in effect, white with gray interior, four cylinder, five-speed, AM/FM cassette stereo, 40-channel CB radio, Contico tool box and bug shield, asking \$9,200. Call (703) 695-0367.

# 1994 Dodge Dakota

1994 Dodge Dakots, 4 X 4, club cab, SLT package, loaded, liner, alarm, 3/4 ton, asking \$10,700. Call (703) 680-3474.

**Advertise here Advertise here** Advertise here Advertise here **Advertise** here Advertise here **Advertise here** 

# News Network

Each directorate of the Joint Staff has one or more individuals assigned the additional duty of Unit **Public Affairs Representative or** UPAR. The UPAR's job is to help tell the story for that organization by reporting news about unit and individual activities and achievements to the J-Scope. UPARs also process Hometown News Release forms, assist with publicity for special events, and identify story ideas for future publication. Contact your assigned UPAR if you have a story to tell, have won an award, been promoted, or need to publicize a special event.

# **UPAR** quick reference list

<u>Unit</u>	<u>Name</u>	<b>Phone</b>
DOM	Air Force Tech Sgt. Charles E. Glover	697-1559
J-1	Navy Cmdr. Jonathan C. Bess	697-9644
J-2	Navy DPCS Angelo Rallo	697-9328
J-3	Army Sgt.1st Class Paula E. Davis	695-8116
	(Alt.) Army Capt. Darlene Freeman	695-2541
J-4	Navy Petty Officer 1st Class Mark A. Odell	697-1018
J-5	Air Force Lt. Col. Michael R. Moeller	697-9559
J-6	Air Force Tech. Sgt. Vincent R. Johnson	695-7879
J-7	Air Force Senior Master Sgt. Rick Haney	695-7920
J-8	Air Force Master Sgt. Brian H. Creek	697-1227



Name: Air Force Lt. Col. Lourdes A. Covas

**Organization: J-4 Logistics Directorate** 

**Military Secretariat** 

Duty title: Chief, MILSEC Time in service: 16 years

Home town: San Juan, Puerto Rico

**Hobbies: Aerobics instructing, traveling** 

and shopping

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